



Informed Consent and Liability Waiver Release for Participation in Mt Carmel Lacrosse Preseason (Weights and Conditioning Program)

This preseason registration must be completed and submitted by the parent or legal guardian for a participant under the age of 18, who desires to take part in the Sundevils Preseason Weights and Conditioning Program.

By filling out and submitting this “Mt Carmel Lacrosse Preseason” registration form via the website (<http://mchslacrosse.weebly.com>) I represent and warrant that my minor has no medical condition that would prevent him from participation in the program. I agree to assume full responsibility for any risks, injuries or damage know or unknown which my son or daughter might incur, to include COVID-19, as a result of participating in the program. Such injuries may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness, including death.

By filling out and submitting this “Mt Carmel Lacrosse Preseason” registration form via the website (<http://mchslacrosse.weebly.com>) the user’s parent or legal guardian understands the User’s parent or legal guardian will be solely responsible for any loss or damage including death, user sustains while using the Facilities, equipment, pool, or programs and by the Waiver and Release User’s parent or legal guardian is relieving “Sundevils Lacrosse Program” and its coaches from any and all liability for such loss, damage or death.

By filling out and submitting this “Mt Carmel Lacrosse Preseason” registration form via the website (<http://mchslacrosse.weebly.com>) the user’s parent or legal guardian represents and warrants to “Preseason” that participation includes possible exposure to and illness from

infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **“Mt Carmel Lacrosse Preseason”** their coaches, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“RELEASEES”), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.